

Harmful behaviours online



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Some questions we will answer today:



What online harms are your children exposed to?



What can you do to protect your children and develop their resilience?

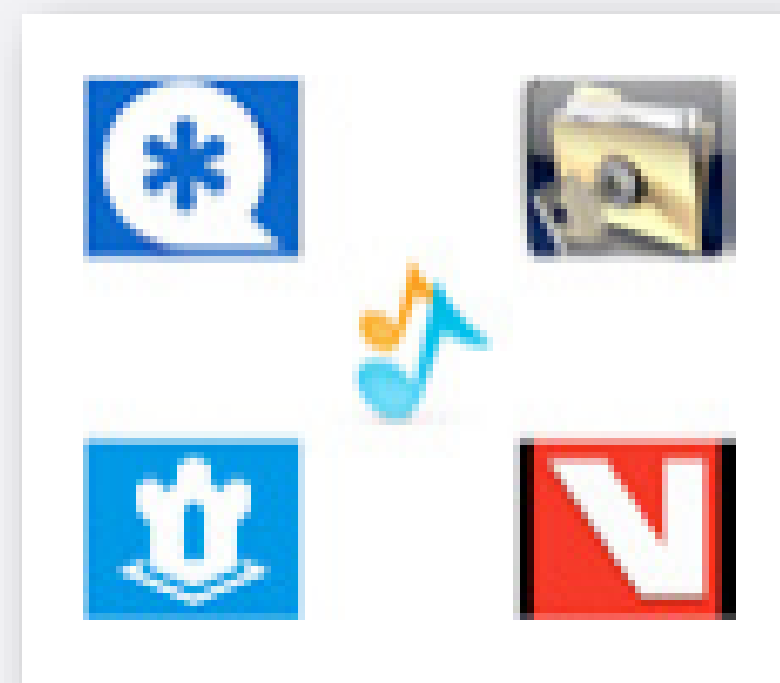
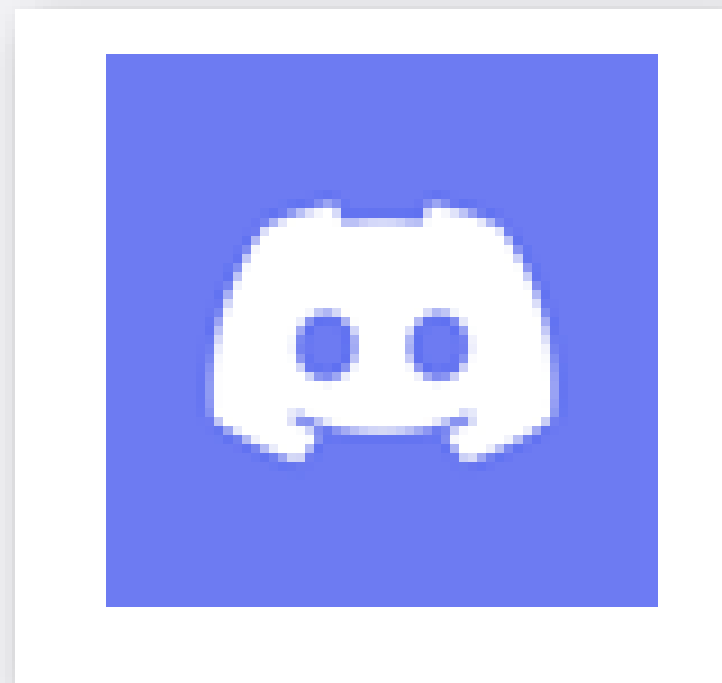


What to do if an incident occurs and where to get support?

Before we start.....



.....let's hear your thoughts!



Children aged 10-13



64%



48%



44%



21%



18%

Children aged 14-16



64%



62%



58%



50%



35%



73%



52%



52%



50%



Parents

38%

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What is a digital footprint?



Protecting your children from online exposure



This is what we
grew up with.....



....and this is what
children today are
growing up with.



Are you sure?

Are you sure you want to send this photo?
Are you sure you can trust the recipient?
Are you sure he is who he claims to be? Are
you sure you want to give him something he
can hold over your head for more personal
and compromising images? Are you sure
he won't threaten to share them with your
entire contact list? Are you sure you want to
give him that much power?

Cancel

OK

**26% of the 14-17 year olds
surveyed had sent a nude or
sexual selfie to someone they
were interested in**

Source: Internet Watch Foundation

Sextortion.....



....is financially motivated sexual extortion which involves the threat of sharing sexual information, images or clips to extort money from people, whether images actually exist or not.



What should you do if
your child is being
sexorted?

If this has happened, your child has been a victim of a crime and it is not their fault



Do not panic. The police will take your case seriously.



Do not pay. In some cases, even when money is paid the criminals share the videos or images anyway.



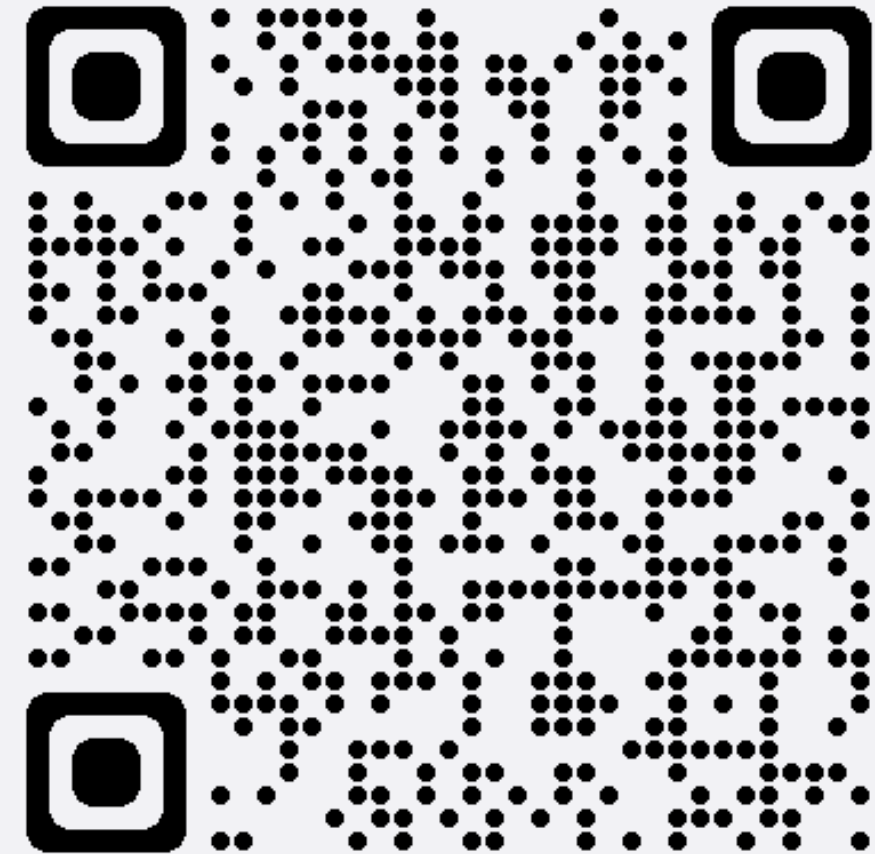
Do not talk any further to the criminals. Screenshot any communication and profile details as evidence.



Report the incident. Report the matter to us by calling 101 and your social media platform website.



More information about sextortion can be found on Police Scotland website:



Online grooming and sexual exploitation

A laptop screen displays a night scene of a brick house with a street lamp. The text "Up to 850,000 adults in the UK have a sexual interest in children." is overlaid on the image.

**Up to 850,000 adults in the UK
have a sexual interest in children.**

A child can never consent
to sexual abuse,
regardless of how it took
place. But they will have
to live with the impact.

Source: Internet Watch Foundation



What can you do?

Develop a relationship of trust

Talk to them about image sharing

Use parental settings and strong passwords to keep accounts safe



Show interest in applications and platforms used by children

Have open and non-judgemental conversations about online harms

Teach your children about support and help available to them

Secretive about who they're talking to and what they're doing online or on their mobile phone.



Distant, upset or angry after using the internet or texting.

Have lots of new phone numbers, texts or email addresses on their mobile phone, laptop or tablet.



#ASKTHE AWKWARD



Be
informed



Have open
conversations



Discuss
risks



Explore
together



Establish
balance and
boundaries



Monitor
activity



Parental
controls



Block and
report



Set-up
devices
and
accounts
together



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Ensure that:

You listen to them carefully



You let them know they've done the right thing by telling you



Tell them it's not your fault



You explain the next steps and that you will need to report it



Avoid:



Victim blaming or showing judgement



Taking away device, banning or blocking access to internet

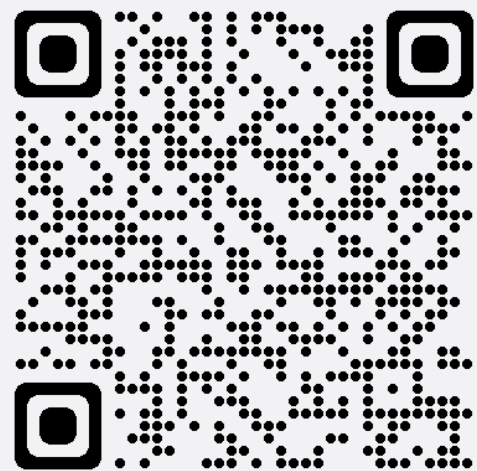


Making promises

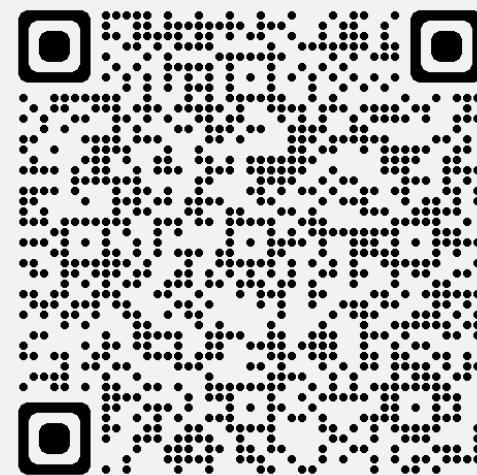
Help and support



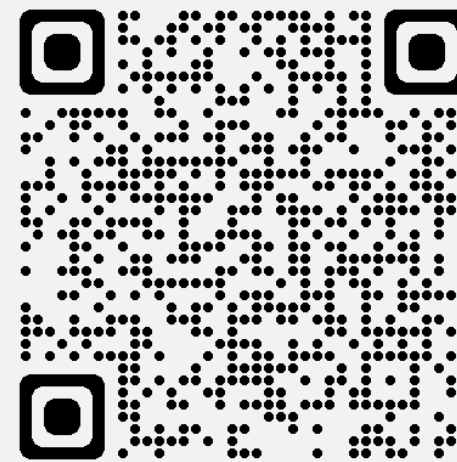
#AskTheAwkward
Helps you to prepare
for conversations with
your child about online
harms.



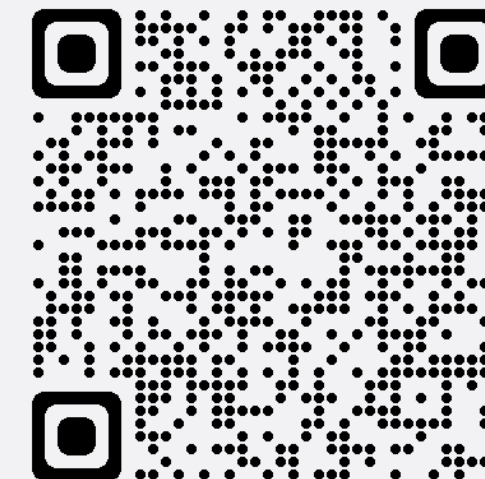
Tips and
information on
how to protect
your child from
dangers of online
world.



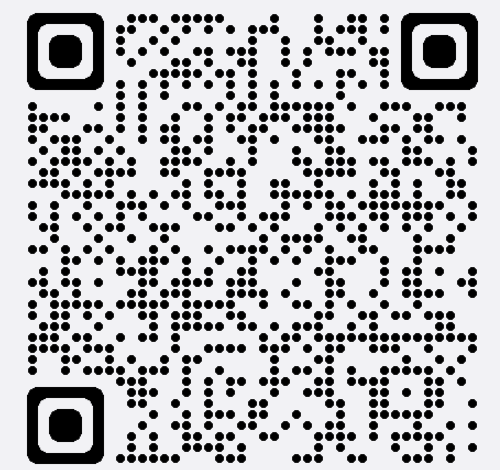
Safety settings for
your child's devices
and apps and
guidance to tackle
online issues they
may face.



Useful information
about apps and
games your child
may be using and
what to look out for.



Tool for under 18s in the
UK to confidentially
report sexual images
and videos of
themselves and remove
them from the internet.



Evaluation

